



# 2018 XAVIER HAWKS FOOTBALL CAMP

**DATES:** July 16th – July 19th  
**TIME:** 8:00am-10:00 a.m.  
**SITE:** Xavier High School  
**COST:** \$50

This camp is for players entering 3<sup>rd</sup> – 8<sup>th</sup> grades.  
**DIRECTOR:** Dave Hinkens,  
XHS Varsity Coach

The goal of the camp is to teach the fundamentals of football in a positive teaching environment. We will stress the necessary skills to promote proper and safe play. Small teaching groups will be determined by similar size and talents. We are very excited about the ongoing development of our football program and look forward to your participation!

Campers will receive instruction in: blocking, tackling, passing, running, kicking, receiving, and weight room fundamentals. Camp format will include: stretching and flexibility; individual, group, and team work; fun time breaks; and game play.

Campers will hear about the importance of academics, hard work, dedication, responsibility, attitude, behavior, humility, respect, and unselfishness.

**ATTIRE:** athletic shorts, t-shirt, supporter, socks, tennis shoes and/or football shoes.  
**BRING:** a positive attitude and a strong desire to learn.

Please complete the following, enclose appropriate fee(s) payable to: Xavier Catholic Schools. Mail to: Xavier Football Camp, 1600 W. Prospect Ave., Appleton, WI 54914

-----  
**Camper:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **School:** \_\_\_\_\_  
\_\_\_\_\_ **Grade entering:** \_\_\_\_\_

**T-shirt size (please circle one of each):** Child Adult – S M L XL

I certify that the above child is in good physical condition and is physically able to participate in football camp activities. Also, I hereby authorize the camp directors to act for me according to their best judgment in any emergency requiring medical attention. Furthermore, I hereby waive and release Xavier High School, its athletic department, its football program, and the Xavier Football Camp (its directors, coaches, and workers) from any and all liability for any injuries incurred while attending camp. I verify that my camper is covered by insurance.

**Insurance company name:** \_\_\_\_\_ **Policy #:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of parent or guardian**

**Date:** \_\_\_\_\_